

A split-level photograph of a sailboat on the water. The top half shows the boat's deck with a person at the helm and various equipment. The bottom half shows the boat's reflection and a diver swimming underwater. The water is a deep blue.

Fully coached
Sled-diving
Skandalopetra
Sea-caves
Swim-throughs
Deep training

6 places only!

Freediving Exploration

Where freediving meets its natural environment..

With NoTanX May - June - July - September - October info@eysailing.gr

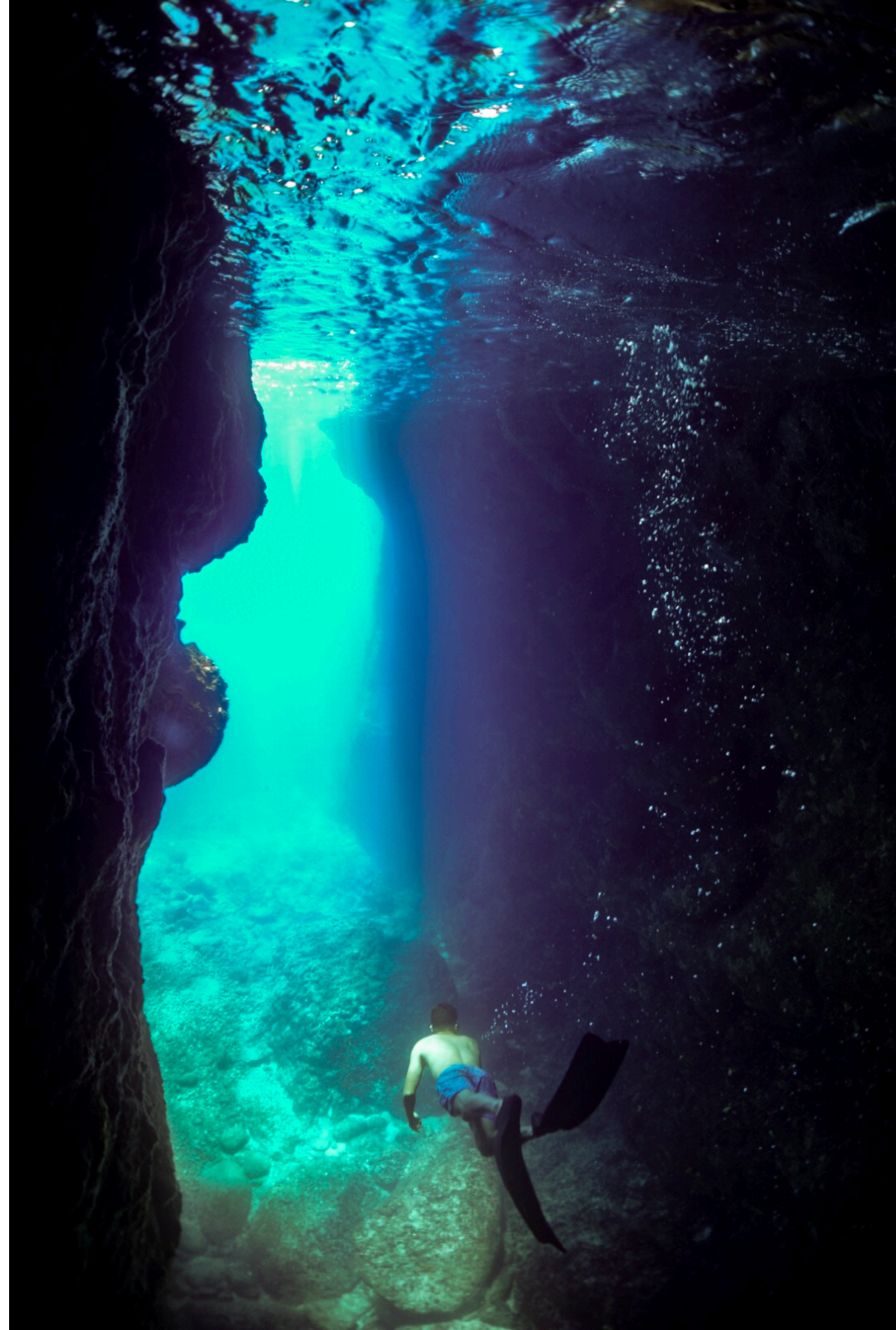
“The Ultimate free diving trip”

Enjoy an ideal setup with

- Fully coached
- World-champion level instructor
- Crystal clear waters
- Visibility of 20-30 meters
- No time-limits for diving
- Sled diving
- Skandalopetra
- Ideal diving spots
- Unique exploration opportunities
- Seacaves and swim-throughs
- Limited spots
- Bed-to-water-time: less than 10 mins !!

Join us for a trip full of adventure, waking up in the middle of the blue and calm waters and just dive. No travelling, no preparation just dive!

After a morning coaching session with deep dives in the calm sea, a good freshly-prepared meal follows, to prepare you for the afternoon underwater exploration. Spend all the day in the sea, before anchoring in different little harbours every day or in a small bay..







Skandalopetra diving



Sea caves



Underwater sightseeing

Wreck diving





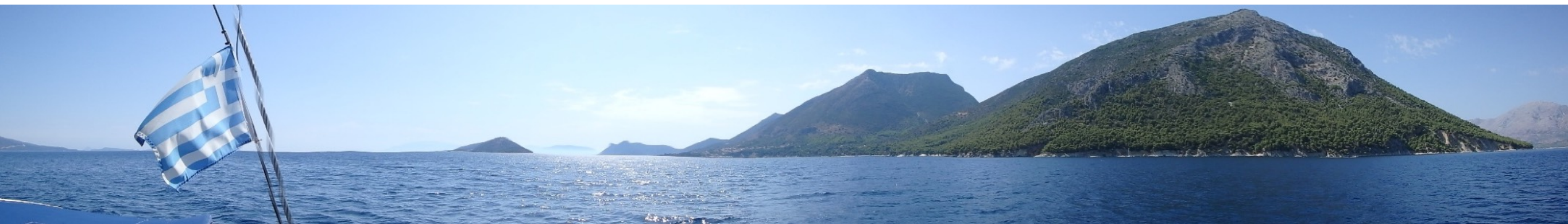
Sled diving



Sailing with EYsailing

During our EYsailing trips, there is always space for an introduction to the basic principles of sailing, navigation, trimming of sails, knots and others. Travelling from island to island, you will get used to and feel the the way of living aboard!

Besides the freediving sessions, you will enjoy swimming in small remote bays which are only reached with a yacht and visit little harbours and villages of the Ionian. On these islands there are also opportunities to visit museums, exhibitions and festivals. The local gastronomy is also a major part of the trip with freshly-prepared meals onboard!



Marcus Greatwood



Marcus is the founder of the London-based freediving club NoTanx. He focuses on advanced training principles and has published books on freediving and its training.

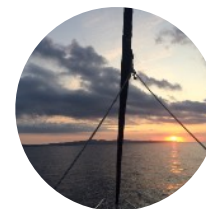
Through NoTanx, he has introduced and taught thousands of new freedivers to relax and enjoy being underwater.

He has worked with Guillaume Nery, Loic Leferme and with Herbert Nitsch during his world record in 2007.

Marcus has lately focused also on underwater photography, a skill with advanced challenges!



EYsailing route



Suggested itinerary of the week :

Day 1 (sail: 3 hours-25NM): check-in at Lefkas marina (early afternoon) and sail to Kastos while introducing to the group and programme! Time for a quick dive as well!

Day 2 (sail: 1,5 hour-12NM): Morning training session in Atokos, exploring nearby sea-caves in the afternoon and mooring in Kioni for the night.

Day 3 (sail: <1 hour): Morning training on a shipwreck with sled! Ideal diving spot before mooring in Vathi, the main harbour of Ithaca.

Day 4 (sail: <1 hour): Day-off from deep diving and exploration of sea-caves including the "Kraken" and spend the night on anchor at a remote bay of Ithaca.

Day 5 (sail: 2 hours-15NM): Deep diving in Yidaki beach before visiting the "Eye of the Cyclop" in the north! A night in cosmopolitan Fiskardo of Kefalonia.

Day 6 (sail: 1.5 hours-12NM): West-coast magic in Assos or Melissani Cave in Sami. Exploration, diving and unforgettable photos!

Day 7 (sail: 1 hour-10NM): Sail to Meganisi and to Papanikolis cave after deep diving in south of Lefkas!

Day 8 : check-out.





Morning ropes



Stunning sunsets

EYsailing yacht - LITO



EYsailing yacht

Specifications of “Lito”:

- Bavaria 44'
- Built in 2003
- Refurbished in 2016
- 4 double cabins
- 2 WCs
- Capacity: 8 passengers
 - (6 guests + skipper and crew member)
- Equipped with
 - oven
 - fridge
 - laptop
 - dinghy with outboard motor
 - snorkelling equipment
 - water toys
 - books
 - cooking equipment
 - heater
 - electric toilets
 - and many others!



EYsailing yacht



EYsailing yacht



EYsailing breakfast



Prices

Based on 2 sharing a cabin

Check-in/out: Sami in Kefalonia

Nearest airport: Kefalonia EFL

Travel time to Marina: 30-45'

Included:

- *Yacht*
- *Skipper*
- *Freediving instructor*
- *Freediving equipment (buoys, ropes, weights)*
- *Fuels and water for the yacht*
- *Bed linen and towels*
- *Breakfast with local and fresh products*
- *All lunches onboard and 2-3 dinners*
- *Dinghy with engine*
- *EY+ package with*
 - *snorkelling equipment*
 - *hiking through our top-rated paths*
 - *attendance to available festivals*
 - *basic sailing lesson*
 - *archaeological sites depending on the route*
 - *local gastronomy*
- *Marina costs*
- *Taxes*

Not included:

- *Dinners at local restaurants*
- *Freediving equipment - suit, fins, etc (Could be arranged)*
- *Air flight tickets*
- *Airport transfer (Could be arranged)*

May & October
£1100

June & September
£1250

Only 6 spots onboard!

*Confirmation of participation requires
30% of total cost. Full payment is due
45 days before boarding.*



Thematic sailing in Greece

www.EYsailing.gr



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